



CIPRO NEWS

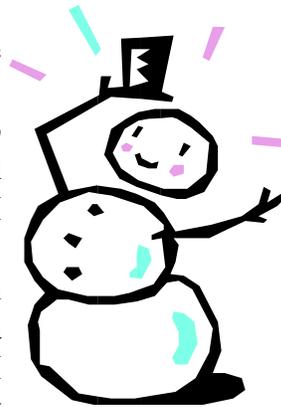
Toastmasters CIPro Club
Club 6682, Area 33, Division D, District 60

2010 February Issue

The President's Message By Raymond Cheng, President 2009-10

Leadership with confidence seemed so far away for me at one time. Yet, it has become so much closer now. Better communication skills help improve my confidence. Toastmasters has led me step by step towards what seemed so unreachable before.

The Toastmasters program provided me with a risk-free environment in which to grow, to improve and to polish my skills. I have comfortably become a risk taker in leadership. In a friendly atmosphere, I took on many different roles in running the Club's business. My learning is through participation and feedback



from fellow Club officers and members. Their constructive critiques have empowered me to change and become a better leader. This nurturing environment allows me to work with a wonderful group of executives to learn this craft and to taste the real meaning of true leadership.

Thanks to Toastmasters CIPro Club. My success belongs to all of you.

Editor's note

Happy Lunar New Year of the Tiger, may you be as strong and energetic as the tiger.

In the second half of our Toastmasters year, we will have the climax of the year : The International speech and evaluation contest. The winner from the club will go through different level of contests and eventually we will have the world champion of speaking from the Toastmasters family.

Thank you to our members who have contributed

articles for the newsletter, these include our president, our three club executives, three new members and Toastmaster Katherine Lee. Special thanks to Toastmaster Victor Ting-A-Kee who has helped to edit the articles.

Hope you enjoy reading this newsletter.

Francis Chu- VP Public Relations



Executive Committee 2009-2010

- *President- Raymond Cheng*
- *VP Education- Sabrina Cheng*
- *VP Membership- Tweety Yuen*
- *VP Public Relations- Francis Chu*
- *Treasurer- Glenn Huang*
- *Secretary- Ernest Fu*
- *Sergeant-At-Arms Navin Churaman*
- *Immediate Past President- Heidi Sin*
- *Club's Mentor- Joe Chang*
- *Club's Mentor- Victor Ting-A-Kee*

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Katherine Lee– Winner of CIPro Club, Area 33 & Division D Humorous Speech Contests 2009-10

It is a great personal achievement! After winning the humorous speech contest at the club, area, and division levels, I represented Division D at the Toastmasters District 60 fall conference held in November, 2009, competing against the winners of the other 6 Divisions, the cream of the crop from over 300 Toronto clubs.

It was a great challenge and it was also a great honor for me to represent Division D. I attended a few other clubs to present my speech and obtain feedback. I practiced, practiced and practiced until I was fully fluent in the delivery. Finally, the great moment arrived. I was well prepared. I stepped up to the stage brimming with confidence. I was not nervous, and gave my best performance in front of an audience of 500 Toastmasters and guests. There was laughter throughout my speech. I was energized. I gave myself grade “A” on the delivery. Although I did not win, I received favorable feedback from many people, with congratulations on my great achievement. I felt contented and rewarded.

Seizing the opportunity to compete many times and facing different audiences gave me a good insight into public speaking.

There was laughter throughout my speech. I was energized. I gave myself grade “A” on the delivery.

Of course, practice is a must and the ability to face the audience and showed no sign of nervousness was my greatest achievement in this contest. I also learned from the delivery style of the other contestants, especially the reasons why they won. This was a great learning experience for improvement and to absorb new skills.

To win the humorous speech contest at club, area, and Division level is a great milestone in my Toastmasters journey! I truly enjoyed this experience.



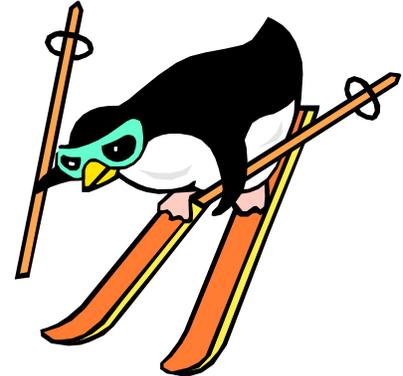
Toastmaster Katherine Lee won the Area 33 Humorous Speech Contest at RSOTA Toastmasters Club in October 8, 2009.



Review Word of the Day

If you want to test your memory and see how many of the words you still remember, here is a good chance for you

2009	Grammarian	Word of the Day
July 2	Sabrina	Magnificence
Aug 19	Frank	Harmonious
Sept 2	Ernest	Scrupulous
Sept 9	Navin	Get-To-Gether
Sept 16	Dorothy	Diverting
Sept 30	Cecily	Cuddle
Oct 7	Glenn	Ample
Oct 14	Frank	Succulent
Oct 21	Glenn	Lavish
Oct 28	Cherry	Dauntless
Nov 4	Dorothy	Valiant
Nov 11	Cherry	Revere
Nov 18	Dorisy	Fortify
Nov 25	Kristy	Explore
Dec 2	Cherry	Yearn
Dec 9	Jennifer Chen	Disheveled
<u>2010</u>		
Jan 6	Navin	Jovial
Jan 13	Victor T	Exhibits
Jan 20	Polyanna	Dilbert
Jan 27	Polyanna	Culminated



Welcome new members who joined the club since July 1, 2009

Cherry Qiao
 Dorisy Liu
 Dorothy Dong
 Jackie Song
 Jennifer Chen
 Kristy Pun
 Leo Li
 Richard Wu

New members bring new ideas and energy to the club. You have made a wise choice to join CIPro club.





New Members' Corner

Toastmasters club is the ideal place for professionals to improve their ability in teamwork and communication skills. So, on my return to Canada, I immediately re-joined Toastmasters CIPro club.

Being a new member of the club becomes a new challenge. Fortunately there are so many kind and warm fellow Toastmasters in CIPro club who make me always feel full of energy and spirit after every meeting. I hope by joining the Toastmasters club, I could gradually make progress, and master the skills of how to win, how to concentrate and focus on goals, how to balance my time and priorities, etc.

I enjoy thinking and learning, and the many experienced Toastmasters provide valuable examples from which I can learn. Even though currently I am still in the stage of looking for a job, I believe I still need to balance my time to do more

activities instead of spending too much time in front of the computer.



Other than attending Toastmasters club, I like to find other ways to do more physical exercises. Currently I am a part time Yoga instructor in a club, and perhaps in my next speech I may talk about the practice of and benefits from Yoga. I will perform some dancing shows during the upcoming Chinese New Year's community events; life could be a lot of fun.

By Dorothy Dong

Toastmasters club was highly recommended by one of my very special friends. Therefore, I decided to accept his advice and join Toastmasters to improve my communication and presentation skills, also to meet more friends.

Joining Toastmasters was one of the best choices I have made.

The table topic sessions are one of my favorite parts of the

meeting because it gives me the opportunity to practice quick and flexible thinking. Unfortunately, we only get one chance per meeting. I really hope we get to practice on the spot thinking exercises more often.

What opened up my mind was everyone at the meeting was very supportive and friendly, which has increased my comfort zone and allowed me to try to be more engaged in each meeting. Joining Toastmasters was one of the best choices I have made and I met so many great friends who are willing to help each other at the best of their ability.

By Jennifer Chen

"Hey, do I need some improvements in my English speaking skill?" This was what came to my mind a few months ago when some information about Toastmasters club activities popped up on my laptop. After reading more about the program, I found it quite interesting. I decided to attend a few meetings to see if it was an activity worth pursuing.

My feeling about the meetings is that they are well organized. I appreciate the opportunities that the meetings provide to participants for improving their



communication and leadership skills. From my experience so far, my thought is that the success of the club and the members rely on members' active participation.

By Kristy Pun



Executive's Remarks

Recently I received a letter from Toastmasters International, "Congratulations! You've sponsored five or more new members during this year's Annual Membership Program!"

As the current VP-Membership, I am proud of this achievement. In the past six months, we have already recruited eight new club members. I truly believe that "New members are important to the success of our club. New members mean better meeting programs, new ideas, a larger pool of potential leaders, more fun, and more ..." My position is responsible for building membership and assuring a strong membership base. At the next club meeting, I will wear this Outstanding- Initia-



ive pin to show the success of our joint efforts.

Five years ago, I joined in Toastmasters to improve my speaking skill. As we know in Toastmaster, we not only learn public speaking skills, but also learn leadership skill, which we can practice in all areas of our life.

Therefore, I will continue to meet the challenge – and consider the other positions on the executive team in upcoming year. Please give me a chance to serve this club again.

**By Tweety Yuen,
VP Membership 2009-10**

As much as my last three years' service on the executive team, it is still a rewarding experience to work with other dedicated executives. Taking up this new executive position provides me an opportunity to acquire new skills: e.g. how to

The Esprit De Corp is a major motivation for us to strive to keep up the high standards of the club.

maintain and update the club's website, learning to publish the club's newsletter etc.

The Esprit De Corp is a major motivation for us to strive to keep up the high standards of the club, even though we may have to shuffle our priorities and stay late at executive meetings. In a nutshell, I enjoy

the comradeship in the team and treasure the trust that our members place on me in running the club.

**By Francis Chu
VP- Public Relations 2009-10**

I joined the executive team because I felt that I would be able to practice leadership and organization skills in that role.

After being an executive in 2007-2008 and again in this current year, I know that planning for events such as speech contests and guests speakers can be difficult as there are many de-

tails to deal with. From these meetings, I learned about effective communication strategies as well as bridge building techniques between team members.

As Secretary, I hope to continue recording minutes as well as find out who is going to be the

best speaker, best evaluator and best table topics speaker for 2009-2010. Everyone has a chance to win it! You

just have to be the only speaker and evaluator for the evening.

**By Ernest Fu
Secretary 2009-10**



Toastmasters CIPro Club
Club 6682, Area 33, Division D, District 60

Agnicourt Recreation Centre
31 Glen Watford Drive, Craft Room 1
Scarborough, Ontario M1S 2B7

Weekly meeting on Wednesday
7:15 pm to 9:15 pm



Questions or comments? Contact us at:
toastmastersciproclub@yahoo.ca

For more information, please visit our
website at:

[Http://toastmasterscipro.
tripod.com/](http://toastmasterscipro.tripod.com/)

The Mission of a Toastmasters Club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn fosters self-confident and personal growth.

Upcoming Events

- February 17 - CIPro Club International Speech and Evaluation Contest.
- March 3 - Area 33 International Speech and Evaluation Contest.
Location:
Scarborough Toastmasters Club
30 Sewells Road (inside Malvern District Library)
Time: 6:30 pm to 9:30 pm
- May 26 - Club's election for 2010-11 Executives
- June - Open House
- June - Year end party
- July 1 to Aug 31 - Summer Schedule

